## Class – XII(Humanities)(2024-25) English

# Learning Outcomes The general objectives at this stage are to:

- listen and comprehend live as well as record in writing oral presentations on a variety of topics
- develop greater confidence and proficiency in the use of language skills necessary for social and academic purpose to participate in group discussions, interviews by making short oral presentation on given topics
- perceive the overall meaning and organisation of the text (i.e., correlation of the vital portions of the text)
- identify the central/main point and supporting details, etc., to build communicative competence in various lexicons of English
- promote advanced language skills with an aim to develop the skills of reasoning, drawing inferences, etc. through meaningful activities
- translate texts from mother tongue(s) into English and vice versa
- develop ability and acquire knowledge required in order to engage in independent reflection and enquiry
- read and comprehend extended texts (prescribed and non-prescribed) in the following genres: science fiction, drama, poetry, biography, autobiography, travel and sports literature, etc.
- text-based writing (i.e., writing in response to questions or tasks based on prescribed or unseen texts) understand and respond to lectures, speeches, etc. write expository / argumentative essays, explaining or developing a topic, arguing a case, etc. write formal/informal letters and applications for different purposes
- make use of contextual clues to infer meanings of unfamiliar vocabulary
- select, compile and collate information for an oral presentation
- produce unified paragraphs with adequate details and support
- use grammatical structures accurately and appropriately
- write items related to the workplace (minutes, memoranda, notices, summaries, reports etc.
- filling up of forms, preparing CV, e-mail messages., making notes from reference materials, recorded talks etc. The core course should draw upon the language items suggested for class IX-X and delve deeper into their usage and functions. Particular attention may, however, be given to the following areas of grammar:
- The use of passive forms in scientific and innovative writings.
- Convert one kind of sentence/clause into a different kind of structure as well as other items to exemplify stylistic variations in different discourses modal auxiliaries uses based on semantic considerations.

## April

- 1. My Mother at Sixty Six
- 2. A Thing of Beauty
- 3. A Roadside Stand
- 4. Keeping Quiet
- 5. Aunt Jennifer's Tigers
- 6. Report Writing

#### May

- 1. The Last Lesson
- 2. Lost Spring
- 3. Deep Water
- 4. The Rattrap
- 5. Article Writing

#### July

- 1. Indigo
- 2. The Interview
- 3. Poets and Pancakes
- 4. Going Places
- 5. Notice Writing
- 6. Letters

#### **August**

- 1. The Third Level
- 2. Tiger king
- 3. Journey to the end of the Earth
- 4. The Enemy

## **September**

- 1. On the Face of It
- 2. Memories of Childhood
- 3. Revision

II Term (October - February)

#### October

1. Revision

November CBSE EXAMINATION

## ASSESSMENT PLANNER: SESSON 2024 - 2025

**CLASS: XII** 

## **SUBJECT: ENGLISH CORE (301)**

TEST	MAX. MARKS	SYLLABUS	
PERIODIC ASSESSEMENT 1	20	<ol> <li>My Mother at Sixty-Six</li> <li>Keeping Quiet</li> <li>A Thing of Beauty</li> <li>Aunt Jennifer's Tigers</li> <li>A Roadside Stand</li> <li>Report Writing</li> </ol>	
MID TERM EXAMS	80	<ol> <li>My Mother at Sixty-Six</li> <li>Keeping Quiet</li> <li>A Thing of Beauty</li> <li>Aunt Jennifer's Tigers</li> <li>A Roadside Stand</li> <li>Report Writing</li> <li>Article Writing</li> <li>The Last Lesson</li> <li>Lost Spring</li> <li>Deep Water</li> <li>The Rattrap</li> <li>Indigo</li> <li>Going Places</li> <li>Poets and Pancakes</li> <li>The Interview</li> <li>Notice Writing</li> </ol>	
ANNUAL EXAMS	80	The Entire Syllabus  + ALS	

## **Class XII - Political Science**(2024-25)

### **PART A- Contemporary World Politics**

- Enables an understanding of the nature of political interactions amongst the sovereign states in the World.
- Trace the key political events and processes in the post-cold war era.
- Analyze the all-encompassing impact of various global institutions, processes, and events.
- Promote international understanding and respect for humanity.

### **PART B- Politics in India since Independence**

- Understand and analyze constitutional institutions and their working in the post-independence era.
- Appreciate the contribution of political leaders in Nation Building.
- Develop the capacity to link Government structure, processes, and their policies with contemporary political realities.
- Acquaint the students to the changing trends and developments in India.

March  PART A- Contemporary World Politics  Ch1 The End of Bipolarity  The Soviet System Gorbachev and the disintegration Causes and Consequences of disintegration of Soviet Union Shock Therapy and its consequences Tensions and conflicts in the former Soviet Republics Relationship between India and the post-communist countries  April  Ch2 Contemporary Centres of Power European Union ASEAN Rise of China as an economic power Japan and South Korea as emerging powers  Ch3 Contemporary South Asia Military and Democracy in Pakistan and Bangladesh Monarchy and Democracy in Nepal Ethnic conflict and Democracy in Sri Lanka India-Pakistan conflicts India and its neighbours Peace and Cooperation  Ch4 International Organisations	MONTH	TOPIC
<ul> <li>The Soviet System</li> <li>Gorbachev and the disintegration</li> <li>Causes and Consequences of disintegration of Soviet Union</li> <li>Shock Therapy and its consequences</li> <li>Tensions and conflicts in the former Soviet Republics</li> <li>Relationship between India and the post-communist countries</li> </ul> April <ul> <li>Ch2 Contemporary Centres of Power</li> <li>European Union</li> <li>ASEAN</li> <li>Rise of China as an economic power</li> <li>Japan and South Korea as emerging powers</li> </ul> Ch3 Contemporary South Asia <ul> <li>Military and Democracy in Pakistan and Bangladesh</li> <li>Monarchy and Democracy in Nepal</li> <li>Ethnic conflict and Democracy in Sri Lanka</li> <li>India-Pakistan conflicts</li> <li>India and its neighbours</li> <li>Peace and Cooperation</li> </ul>	March	PART A- Contemporary World Politics
<ul> <li>The Soviet System</li> <li>Gorbachev and the disintegration</li> <li>Causes and Consequences of disintegration of Soviet Union</li> <li>Shock Therapy and its consequences</li> <li>Tensions and conflicts in the former Soviet Republics</li> <li>Relationship between India and the post-communist countries</li> </ul> April <ul> <li>Ch2 Contemporary Centres of Power</li> <li>European Union</li> <li>ASEAN</li> <li>Rise of China as an economic power</li> <li>Japan and South Korea as emerging powers</li> </ul> Ch3 Contemporary South Asia <ul> <li>Military and Democracy in Pakistan and Bangladesh</li> <li>Monarchy and Democracy in Nepal</li> <li>Ethnic conflict and Democracy in Sri Lanka</li> <li>India-Pakistan conflicts</li> <li>India and its neighbours</li> <li>Peace and Cooperation</li> </ul>		Ch1 The End of Bipolarity
Gorbachev and the disintegration     Causes and Consequences of disintegration of Soviet Union     Shock Therapy and its consequences     Tensions and conflicts in the former Soviet Republics     Relationship between India and the post-communist countries       Ch2 Contemporary Centres of Power     European Union     ASEAN     Rise of China as an economic power     Japan and South Korea as emerging powers  Ch3 Contemporary South Asia     Military and Democracy in Pakistan and Bangladesh     Monarchy and Democracy in Nepal     Ethnic conflict and Democracy in Sri Lanka     India-Pakistan conflicts     India and its neighbours     Peace and Cooperation		
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Relationship between India and the post-communist countries      Ch2 Contemporary Centres of Power		
<ul> <li>European Union</li> <li>ASEAN</li> <li>Rise of China as an economic power</li> <li>Japan and South Korea as emerging powers</li> </ul> Ch3 Contemporary South Asia <ul> <li>Military and Democracy in Pakistan and Bangladesh</li> <li>Monarchy and Democracy in Nepal</li> <li>Ethnic conflict and Democracy in Sri Lanka</li> <li>India-Pakistan conflicts</li> <li>India and its neighbours</li> <li>Peace and Cooperation</li> </ul>		
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<ul> <li>India-Pakistan conflicts</li> <li>India and its neighbours</li> <li>Peace and Cooperation</li> </ul>		· · · · · · · · · · · · · · · · · · ·
<ul> <li>India and its neighbours</li> <li>Peace and Cooperation</li> </ul>		· ·
Peace and Cooperation		
Ch4 International Organisations		Peace and Cooperation
		Ch4 International Organisations
Meaning and Importance of international organisations		· ·
Evolution of UN and principal organs of UN		
Structure and function of International Organisations		
Need for reforms in the changing world		

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	India and the UN reforms
	Key agencies and NGO
	Implications and Future of International Organisations
May	Ch5 Security in the Contemporary World
	Meaning and type of security
	Traditional concept of security
	Non-Traditional notions of security
	New sources of threats
	Cooperative security
	India's Security strategy
	Ch6 Environment and Natural Resources
	Environmental concerns
	Global Commons
	Common but differentiated responsibilities
	India's stand on environmental issues
	Environmental movements
	Resource Geopolitics
	Rights of Indigenous people
July	<ul> <li>Ch7 Globalisation</li> <li>Concept of Globalisation</li> <li>Causes and Consequences of globalisation</li> <li>India and globalisation</li> <li>Resistance to globalisation</li> <li>India and resistance to globalisation</li> </ul>
	PART B- Politics in India since Independence
	Ch1 Challenges of Nation Building
	Challenges for the new nation
	Partition: Displacement and Rehabilitation
	Integration of Princely States
	Reorganisation of States
August	Ch2 Era of One-Party Dominance
	Challenges of building democracy
	<ul> <li>Congress dominance in the first three general elections</li> </ul>
	Emergence of opposition parties
	Ch3 Politics of Planned Development
	Ideas of Development
	Planning Commission

	<ul><li>The First Five Year Plan</li><li>Rapid Industrialisation</li></ul>
	Ch4 India's External Relations
	International Context
	The Policy of Non-Alignment  Output  Description:
	Peace and conflict with China  Let a North Paris
	India's Nuclear Policy
September	Ch5 Challenges to and Restoration of the Congress System
	Challenges of Political Succession
	• Fourth General Election 1967
	Split in the Congress
	The 1971 Election and Restoration of Congress
	Ch6 The Crisis of Democratic Order
	Background to Emergency
	Declaration of Emergency
	Lessons of Emergency
	Politics after Emergency
October	Ch7 Regional Aspirations
October	Region and the Nation: areas of tension, Jammu and Kashmir
	Punjab
	• The Northeast
	Ch8 Recent Developments in Indian Politics
	• Context of 1990s
	Era of Coalition
	<ul> <li>Political rise of the Backward classes</li> </ul>
	Communalism, Secularism and Democracy
	Lok Sabha Elections 2004
	Growing Consensus

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSMENT 1	20	<ul> <li>PART A- CONTEMPORARY WORLD POLITICS</li> <li>The End of Bipolarity</li> <li>Contemporary Centres of Power</li> <li>Contemporary South Asia</li> </ul>
MID TERM EXAM	80	<ul> <li>PART A- CONTEMPORARY WORLD POLITICS</li> <li>The End of Bipolarity</li> <li>Contemporary Centres of Power</li> <li>Contemporary South Asia</li> <li>International Organizations</li> <li>Security in the Contemporary World</li> <li>Environment and Natural Resources</li> <li>Globalisation</li> </ul>
ANNUAL EXAM	80	PART A- CONTEMPORARY WORLD POLITICS  The End of Bipolarity Contemporary Centres of Power Contemporary South Asia International Organizations Security in the Contemporary World Environment and Natural Resources Globalisation  PART B- POLITICS IN INDIA SINCE INDEPENDENCE Challenges of Nation-Building Era of One Party Dominance Politics of Planned Development India's External Relations Challenges to and Restoration of the Congress System The Crisis of Democratic Order Regional Aspirations Recent Developments in Indian Politics

## Class 12 - PSYCHOLOGY (2024-25)

One Theory Paper Marks: 70

Units	Topics	Marks
I	Variations in Psychological Attributes	13
II	Self and Personality	13
III	Meeting Life Challenges	9
IV	Psychological Disorders	12
V	Therapeutic Approaches	9
VI	Attitude and Social Cognition	8
VII	Social Influence and Group Processes	6
	Total	70

## **COURSE CONTENT**

April	Unit I	Variations in Psychological Attributes	
		The topics in this unit are:	
		1. Introduction	
		2. Individual Differences in Human Functioning	
		3. Assessment of Psychological Attributes	
		4. Intelligence	
		5. Theories of Intelligence: Psychometric Theories of Intelligence, Information	
		Processing Theories, Theory of Multiple Intelligences, Triarchic Theory of	
		Intelligence, Planning, Attention-Arousal and Simultaneous Successive Model of	
		Intelligence	
		6. Individual Differences in Intelligence	
		7. Culture and Intelligence	
		8. Emotional Intelligence	
		9. Special Abilities: Aptitude: Nature and Measurement	
		10. Creativity	
May	Unit	Self and Personality	
May	II	Sen and I cromanty	
		The topics in this unit are:	
		1. Introduction	

2. Self and Personality 3. Concept of Self 4. Cognitive and Behavioural Aspects of Self 5. Culture and Self 6. Concept of Personality 7. Major Approaches to the Study of Personality • Type Approach • Trait Approach • Psychodynamic Approach • Behavioural Approach • Cultural Approach • Cultural Approach • Humanistic Approach • Humanistic Approach • Humanistic Approach • Projective Techniques • Projective Techniques • Behavioural Analysis   Unit III  Meeting Life Challenges  The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning and Health • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  Unit  Psychological Disorders  IV  The topics in this unit are:  1. Introduction 2. Concepts of Abnormality and Psychological Disorders		T	
4. Cognitive and Behavioural Aspects of Self 5. Culture and Self 6. Concept of Personality 7. Major Approachs to the Study of Personality • Type Approach • Psychodynamic Approach • Psychodynamic Approach • Behavioural Approach • Cultural Approach • Humanistic Approach • Humanistic Approach • Humanistic Approach • Humanistic Approach • Projective Techniques • Projective Techniques • Behavioural Analysis     Duit III			2. Self and Personality
5. Culture and Self 6. Concept of Personality 7. Major Approaches to the Study of Personality • Type Approach • Trait Approach • Psychodynamic Approach • Behavioural Approach • Cultural Approach • Humanistic Approach • Humanistic Approach 8. Assessment of Personality • Self-report Measures • Projective Techniques • Behavioural Analysis     Unit III   Meeting Life Challenges			
6. Concept of Personality 7. Major Approaches to the Study of Personality • Type Approach • Trait Approach • Psychodynamic Approach • Behavioural Approach • Cultural Approach • Humanistic Approach • Humanistic Approach • Humanistic Approach • Self-report Measures • Projective Techniques • Behavioural Analysis     Meeting Life Challenges			
7. Major Approaches to the Study of Personality  • Type Approach  • Trait Approach  • Psychodynamic Approach  • Behavioural Approach  • Cultural Approach  • Cultural Approach  • Humanistic Approach  • Humanistic Approach  • Self-report Measures  • Projective Techniques  • Behavioural Analysis     Meeting Life Challenges			
Type Approach Trait Approach Psychodynamic Approach Behavioural Approach Cultural Approach Humanistic Approach Humanistic Approach Self-report Measures Projective Techniques Behavioural Analysis    Unit III			· · · · · · · · · · · · · · · · · · ·
Trait Approach Psychodynamic Approach Dehavioural Approach Cultural Approach Cultural Approach Humanistic Approach Self-report Measures Projective Techniques Behavioural Analysis  Meeting Life Challenges The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth Stress and Health General Adaptation Syndrome Stress and Immune System Lifestyle 4. Coping with Stress Stress Management Techniques 5. Promoting Positive Health and Well-being Stress Resistant Personality Life Skills Positive Health  Psychological Disorders The topics in this unit are:  1. Introduction			
Psychodynamic Approach Behavioural Approach Cultural Approach Humanistic Approach Sassessment of Personality Self-report Measures Projective Techniques Behavioural Analysis  Meeting Life Challenges The topics in this unit are:  Introduction Nature, Types and Sources of Stress Selfects of Stress on Psychological Functioning andHealth Stress and Health General Adaptation Syndrome Stress and Immune System Lifestyle Coping with Stress Stress Management Techniques Fromoting Positive Health and Well-being Stress Resistant Personality Life Skills Positive Health  Psychological Disorders The topics in this unit are:  Introduction  Psychological Disorders The topics in this unit are:  Introduction			Type Approach
Behavioural Approach Cultural Approach Humanistic Approach Humanistic Approach Shassessment of Personality Self-report Measures Projective Techniques Behavioural Analysis  Meeting Life Challenges The topics in this unit are:  Introduction Nature, Types and Sources of Stress Effects of Stress on Psychological Functioning and Health General Adaptation Syndrome Stress and Immune System Lifestyle Coping with Stress Stress Management Techniques Promoting Positive Health and Well-being Stress Resistant Personality Life Skills Positive Health  Psychological Disorders The topics in this unit are: Introduction			Trait Approach
• Cultural Approach • Humanistic Approach 8. Assessment of Personality • Self-report Measures • Projective Techniques • Behavioural Analysis    Meeting Life Challenges			Psychodynamic Approach
Humanistic Approach 8. Assessment of Personality • Self-report Measures • Projective Techniques • Behavioural Analysis   Unit III  Meeting Life Challenges  The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  Unit IV  Unit IV  Unit IV  Unit IV  I Lintroduction			Behavioural Approach
8. Assessment of Personality Self-report Measures Projective Techniques Behavioural Analysis  Unit III  Meeting Life Challenges The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth Stress and Health General Adaptation Syndrome Stress and Immune System Lifestyle 4. Coping with Stress Stress Management Techniques 5. Promoting Positive Health and Well-being Stress Resistant Personality Life Skills Positive Health  Unit IV  Unit Types and Sources of Stress Stress Management Stress and Health General Adaptation Syndrome Stress and Immune System Lifestyle 4. Coping with Stress Stress Management Techniques 5. Promoting Positive Health and Well-being Stress Resistant Personality Life Skills Positive Health  Psychological Disorders The topics in this unit are:  1. Introduction			Cultural Approach
Self-report Measures     Projective Techniques     Behavioural Analysis   July  Unit III  Meeting Life Challenges  The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth     Stress and Health     General Adaptation Syndrome     Stress and Immune System     Lifestyle 4. Coping with Stress     Stress Management Techniques 5. Promoting Positive Health and Well-being     Stress Resistant Personality     Life Skills     Positive Health  July/Aug     Unit     IV  July/Aug     Unit     IV  Introduction  Psychological Disorders  The topics in this unit are:  1. Introduction			Humanistic Approach
Projective Techniques     Behavioural Analysis			8. Assessment of Personality
July  Unit III  Meeting Life Challenges  The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Unit Tv  The topics in this unit are:  1. Introduction			Self-report Measures
July III Meeting Life Challenges  The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Unit  July/Aug ust  IV  III  III  Psychological Disorders  The topics in this unit are:  1. Introduction			Projective Techniques
July III The topics in this unit are:  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Unit  July/Aug ust  IV  III  Psychological Disorders  The topics in this unit are:  1. Introduction			Behavioural Analysis
July/Aug ust  1. Introduction 2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  Psychological Disorders  The topics in this unit are:  1. Introduction		Unit	Meeting Life Challenges
2. Nature, Types and Sources of Stress 3. Effects of Stress on Psychological Functioning andHealth • Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Unit IV  Unit The topics in this unit are:  1. Introduction	July		The topics in this unit are:
3. Effects of Stress on Psychological Functioning andHealth			1. Introduction
• Stress and Health • General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Psychological Disorders  The topics in this unit are:  1. Introduction			2. Nature, Types and Sources of Stress
• General Adaptation Syndrome • Stress and Immune System • Lifestyle 4. Coping with Stress • Stress Management Techniques 5. Promoting Positive Health and Well-being • Stress Resistant Personality • Life Skills • Positive Health  July/Aug ust  Psychological Disorders  The topics in this unit are:  1. Introduction			3. Effects of Stress on Psychological Functioning and Health
<ul> <li>Stress and Immune System</li> <li>Lifestyle</li> <li>Coping with Stress</li> <li>Stress Management Techniques</li> <li>Promoting Positive Health and Well-being</li> <li>Stress Resistant Personality</li> <li>Life Skills</li> <li>Positive Health</li> </ul> July/Aug <ul> <li>Unit</li> <li>IV</li> <li>Psychological Disorders</li> <li>The topics in this unit are:</li> <li>Introduction</li> </ul>			Stress and Health
<ul> <li>Lifestyle</li> <li>Coping with Stress</li> <li>Stress Management Techniques</li> <li>Promoting Positive Health and Well-being</li> <li>Stress Resistant Personality</li> <li>Life Skills</li> <li>Positive Health</li> </ul> July/Aug <ul> <li>Unit</li> <li>IV</li> <li>The topics in this unit are:</li> <li>Introduction</li> </ul>			General Adaptation Syndrome
4. Coping with Stress  • Stress Management Techniques  5. Promoting Positive Health and Well-being  • Stress Resistant Personality  • Life Skills  • Positive Health   Psychological Disorders  The topics in this unit are:  1. Introduction			Stress and Immune System
<ul> <li>Stress Management Techniques</li> <li>Promoting Positive Health and Well-being</li> <li>Stress Resistant Personality</li> <li>Life Skills</li> <li>Positive Health</li> </ul> Unit IV <ul> <li>Psychological Disorders</li> <li>The topics in this unit are:</li> <li>Introduction</li> </ul>			• Lifestyle
5. Promoting Positive Health and Well-being  • Stress Resistant Personality  • Life Skills  • Positive Health   Psychological Disorders  The topics in this unit are:  1. Introduction			4. Coping with Stress
• Stress Resistant Personality • Life Skills • Positive Health  Unit IV Unit IV IV The topics in this unit are:  1. Introduction			Stress Management Techniques
<ul> <li>Life Skills         <ul> <li>Positive Health</li> </ul> </li> <li>July/Aug ust</li> <li>Unit IV</li> <li>Psychological Disorders</li> <li>The topics in this unit are:         <ul> <li>1. Introduction</li> </ul> </li> </ul>			5. Promoting Positive Health and Well-being
July/Aug ust  Positive Health  Psychological Disorders  The topics in this unit are:  1. Introduction			Stress Resistant Personality
July/Aug ust  Psychological Disorders  The topics in this unit are:  1. Introduction			Life Skills
July/Aug ust  IV The topics in this unit are:  1. Introduction			Positive Health
July/Aug ust     IV     The topics in this unit are:       1. Introduction		Unit	Psychological Disorders
1. Introduction			The topics in this unit are:
2. Concepts of Abnormality and Psychological Disorders	ust		1. Introduction
			2. Concepts of Abnormality and Psychological Disorders

		- IIIti1 D11		
		<ul> <li>Historical Background</li> <li>Classification of Psychological Disorders</li> </ul>		
		4. Factors Underlying Abnormal Behaviour		
		5. Major Psychological Disorders		
		Anxiety Disorders		
		Obsessive-Compulsive and Related Disorders		
		Trauma-and Stressor-Related Disorders		
		<ul> <li>Somatic Symptom and Related Disorders</li> </ul>		
		Dissociative Disorders		
		Depressive Disorder		
		Bipolar and Related Disorders		
		Schizophrenia Spectrum and Other PsychoticDisorders		
		Neurodevelopmental Disorders		
		<ul> <li>Disruptive, Impulse-Control and Conduct Disorders</li> </ul>		
		Feeding and Eating Disorders		
		Substance Related and Addictive Disorders		
		Substance Related and Addictive Disorders		
	T 1:4	Therapeutic Approaches		
August	Unit V	The topics in this unit are:		
		Nature and Process of Psychotherapy		
		Therapeutic relationship		
		2. Types of Therapies		
		Psychodynamic Therapy		
		Behaviour Therapy		
		Cognitive Therapy		
		Humanistic-Existential Therapy		
		Biomedical Therapy		
		Alternative Therapies		
		3. Rehabilitation of the Mentally III		
October		Attitude and Social Cognition		
October	Unit			
	VI	The topics in this unit are:		
		1. Introduction		
		2. Explaining Social Behaviour		
		3. Nature and Components of Attitudes		
		4. Attitude Formation and Change		
		Attitude Formation		

		Attitude Change
		Attitude-Behaviour Relationship
		5. Prejudice and Discrimination
		6. Strategies for Handling Prejudice
		7. Social Cognition
		8. Schemas and Stereotypes
		9. Impression Formation and Explaining
		Behaviour of Others through Attributions
		Impression Formation
		Attribution of Causality
		10. Behaviour in the Presence of Others
		11. Pro-social Behaviour
		Factors Affecting Pro-social Behaviour
	Unit	Social Influence and Group Processes
October	VII	The topics in this unit are:
		1. Introduction
		2. Nature and Formation of Groups
		3. Type of Groups
		4. Influence of Group on Individual Behaviour
		Social Loafing
		Group Polarisation
		Practical Marks 30
		• 5 Psychological Test
		• 1 Case Profile

## **Prescribed Books:**

1. Psychology, Class XII, Published by NCERT

## PSYCHOLOGY - ASSESSMENT PLANNER -2024-25 XII ABD

TEST	SYLLABUS
PA 1 (20 Marks)	Unit -1 Variations in Psychological Attributes Unit – 2 Self and Personality
HALF YEALY EXAM (70 Marks)	Unit -1 Variations in Psychological Attributes Unit - 2 Self and Personality Unit - 3 Meeting Life Challenges Unit - 4 Psychological Disorders Unit - 5 Therapeutic Approaches
ANNUAL EXAM (70 Marks)	Unit -1 Variations in Psychological Attributes Unit - 2 Self and Personality Unit - 3 Meeting Life Challenges Unit - 4 Psychological Disorders Unit - 5 Therapeutic Approaches Unit - 6 Attitude and Social Cognition Unit - 7 Social Influence and Group processes

#### **Class 12 - Mathematics(2024-25)**

#### **LEARNING OUTCOMES**

# Higher secondary students are increasingly expected to engage in mathematical practices to help develop mathematical habits of their minds

The learners may be provided with opportunities individually or in groups and encouraged to think holistically. The student will be able to :

- Identify different types of relations and functions.
- explore the values of different inverse trigonometric functions
- Evolve the idea of matrices as a way of representing and simplifying mathematical concepts.
- Evaluate determinants of different square matrices using their properties.
- Demonstrate ways to relate differentiability and continuity of a function with each other.
- Develop the processes in Integral calculus based on the ideas of differential calculus learnt earlier. Apply the concepts of Integral calculus to calculate the areas enclosed by curves.
- Develop the concepts of differential equations using the ideas of differential
- Constructs the idea of vectors and their properties and relates them to earlier learnt concepts in different areas of mathematics such as geometry, coordinate geometry etc.
- Calculate conditional probability of an event and uses it to evolve Baye's theorem and multiplication rule of probability. Determine mean and variance of a probability distribution using the concept of random variables

MONTH	TOPIC
April	<ul> <li>Ch-5 Continuity and Differentiability</li> <li>Continuity and differentiability,</li> <li>Derivative of composite functions, chain rule.</li> <li>Derivative of inverse trigonometric functions like sin<sup>-1</sup> x, cos<sup>-1</sup> x and tan<sup>-1</sup> x, Derivative of implicit functions. Concept of exponential and logarithmic functions.</li> <li>Derivatives of logarithmic and exponential functions. Logarithmic differentiation, Derivative of functions expressed in parametric forms. Second order derivatives</li> <li>Ch-2 Inverse trigonometric functions</li> <li>Definition, range, domain, principal value branch.</li> <li>Graphs of inverse trigonometric functions.</li> </ul>
May	Ch-6 Application of derivatives  • Rate of Change
July	<ul> <li>Ch-6 Application of Derivatives</li> <li>Increasing/Decreasing functions,</li> <li>Maxima and Minima (first derivative test motivated geometrically and second derivative test given as a provable tool). Simple problems (that illustrate basic principles and understanding of the subject as well as real-life situations).</li> <li>Ch-7 Integration</li> <li>Integration as inverse process of differentiation.</li> <li>Integration of a variety of functions by substitution, by partial fractions and by parts ,Fundamental Theorem of Calculus (without proof). Basic properties of definite integrals and evaluation of definite integrals.</li> </ul>
August	<ul> <li>Ch-8 Application of Integrals         <ul> <li>Applications in finding the area under simple curves, especially lines, circles/ parabolas/ellipses (in standard form only)</li> </ul> </li> <li>Ch-9 Differential Equations         <ul> <li>Definition, order and degree ,General and particular solutions. Solution of differential equations by method of separation of variables, homogeneous differential equations of first order and first degree. Solutions of linear differential equation .</li> </ul> </li> </ul>
September	<ul> <li>Ch-12 Linear Programming</li> <li>Introduction, related terminology such as constraints, objective function, optimization, graphical method of solution for problems in two variables, feasible and infeasible regions (bounded or unbounded).</li> </ul>
October	<ul> <li>Ch-10 Vectors</li> <li>Vectors and scalars, magnitude and direction of a vector. Direction cosines and direction ratios of a vector. Types of vectors, addition of vectors, multiplication of a vector by a scalar, position vector of a point dividing a line segment in a given ratio. properties and application of scalar (dot) product of vectors, vector (cross) product of vectors.</li> <li>Ch-11 Three Dimensional Geometry</li> <li>Direction cosines and direction ratios of a line joining two points. Cartesian equation and vector equation of a line, skew lines, shortest distance between two lines. Angle between two lines.</li> <li>Ch-13 Probability</li> <li>Conditional probability, multiplication theorem on probability, independent events, total</li> </ul>

February	
January	Pre Board II
December	Revision & Pre Board 1
	Types of relations: reflexive, symmetric, transitive and equivalence relations. One to one and onto functions.
	Ch-1 Relations and Fuctions
	determinants in finding the area of a triangle. Adjoint and inverse of a square matrix.  Consistency, inconsistency and number of solutions, solving system of linear equations in two or three variables (having unique solution) using inverse of a matrix.
	• Determinant of a square matrix (up to 3 x 3 matrices), minors, co-factors and applications of
	Ch-4 Determinants
	• Concept, notation, order, equality, types of matrices, zero and identity matrix, transpose of a matrix, symmetric and skew symmetric matrices. Operations on matrices: Addition and multiplication and multiplication with a scalar. Invertible matrices and proof of the uniqueness of inverse, if it exists; (Here all matrices will have real entries).
November	Ch-3 Matrices
	variable.
	probability, Bayes' theorem, Random variable and its probability distribution, mean of random variable.

## ASSESSMENT PLANNER: SESSON 2024 - 2025

SUBJECT : Mathematics CLASS : XII

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT 1	20	<ul><li>Inverse trigonometry</li><li>Continuity and differentiability</li></ul>
MID TERM EXAMS	80	<ul> <li>Inverse trigonometry</li> <li>Continuity and differentiability</li> <li>Application of derivatives</li> <li>Integration</li> <li>Application of Integration</li> <li>Differential equation <ul> <li>Linear programming problems</li> </ul> </li> </ul>

		Relation and Functions
		Inverse trigonometry
		Matrices
		• Determinants
		Continuity and
		Differentiability
ANNUAL EXAMS	90	• AOD
	80	Integration
		• AOI
		Differential equations
		• Vectors
		• 3D
		Linear programming problems
		• Probability

## **Class 12 - Economics(2024-25)**

#### **Learning Objectives**

- Understanding of some basic economic concepts and development of economic reasoning which the learners can apply in their day-to-day life as citizens, workers and consumers.
- Realization of learners' role in nation building and sensitivity to the economic issues that the nation is facing today.
- Equipment with basic tools of economics and statistics to analyze economic issues. This is pertinent for even those who may not pursue this course beyond senior secondary stage.
- Development of understanding that there can be more than one view on any economic issue and necessary skills to argue logically with reasoning.

Theory: 80 Marks (40+40)

**Project: 20 Marks** 

#### PART A INTRODUCTORY MACROECONOMICS (40 Marks)

- National Income and Related Aggregates
- Money and Banking
- Determination of Income and Employment
- Government Budget and the Economy
- **Balance of Payments**

#### PART B **INDIAN ECONOMIC DEVELOPMENT (40 Marks)**

- Development Experience (1947-90) and Economic Reforms since 1991
- **Current Challenges facing Indian Economy**
- Development Experience of India A Comparison with Neighbours

**Ist Term** (April - September) March

### **Unit 1: National Income and Related Aggregates**

What is Macroeconomics?

Basic concepts in macroeconomics: consumption goods, capital goods, final goods, intermediate goods; stocks and flows; gross investment and depreciation.

Circular flow of income (two sector model); Methods of calculating National Income – Value Added or Product method, Expenditure method, Income method.

#### **April**

Aggregates related to National Income: Gross National Product (GNP), Net National Product (NNP), Gross Domestic Product (GDP) and Net Domestic Product (NDP) – at market price, at factor cost; Real and Nominal GDP GDP Deflator, GDP and Welfare

#### May

#### **Unit 2: Money and Banking**

Money – meaning and functions, supply of money – Currency held by the public and net demand deposits held by commercial banks.

Money creation by the commercial banking system.

Central bank and its functions (example of the Reserve Bank of India): Bank of issue, Govt. Bank, Banker's Bank, Control of Credit through Bank Rate, Cash Reserve Ratio (CRR), Statutory Liquidity Ratio (SLR), Repo Rate and Reverse Repo Rate, Open Market Operations, Margin requirement.

#### July

#### **Unit 3: Determination of Income and Employment**

Aggregate demand and its components.

Propensity to consume and propensity to save (average and marginal).

Short-run equilibrium output; investment multiplier and its mechanism.

Meaning of full employment and involuntary unemployment.

Problems of excess demand and deficient demand; measures to correct them – changes in government spending, taxes and money supply.

#### **Unit 4: Government Budget and the Economy**

Government budget – meaning, objectives and components.

Classification of receipts – revenue receipts and capital receipts;

Classification of expenditure – revenue expenditure and capital expenditure.

Balanced, Surplus and Deficit Budget – measures of government deficit.

#### August

#### **Unit 5: Balance of Payments**

Balance of payments account – meaning and components;

Balance of payments – Surplus and Deficit

Foreign exchange rate — meaning of fixed and flexible rates and managed floating. Determination of exchange rate in a free market, Merits and demerits of flexible and fixed exchange rate.

Managed Floating exchange rate system

## August/ September

#### **Part B: Indian Economic Development**

#### Unit 6: Development Experience (1947-90) and Economic Reforms since 1991

A brief introduction of the state of Indian economy on the eve of independence. Indian economic system and common goals of Five Year Plans.

Main features, problems and policies of agriculture (institutional aspects and new agricultural strategy), industry (IPR 1956; SSI – role & importance) and foreign trade.

## 2<sup>nd</sup> Term

#### (October – December)

#### October

#### **Economic Reforms since 1991**

Features and appraisals of liberalisation, globalisation and privatisation (LPG policy); Concepts of demonetization and GST

#### **Unit 7: Current challenges facing Indian Economy**

Human Capital Formation: How people become resource; Role of human capital in economic development; Growth of Education Sector in India

Rural development: Key issues – credit and marketing – role of cooperatives; agricultural diversification; alternative farming – organic farming

Employment: Growth and changes in work force participation rate in formal and informal sectors; problems and policies

Sustainable Economic Development: Meaning, Effects of Economic Development on Resources and Environment, including global warming

## **Unit 8: Development Experience of India:**

A comparison with neighbours

India and Pakistan India and China

Issues: economic growth, population, sectoral development and other Human Development

**November** Part C : Project in Economics

**December** Revision

**CBSE Examination** 

**ASSESSMENT PLANNER: SESSON 2024 - 2025** 

SUBJECT : ECONOMICS CLASS : XII

TEST	MAX. MARKS	SYLLABUS
PERIODIC ASSESSEMENT	20	National Income Accounting  Money & Banking
MID TERM EXAMS	80	1.National Income Accounting 2.Money & Banking 3.Theory of Income and Employment 4. Government Budget 5. Balance of payment 6. Indian on the eve of independence
ANNUAL EXAMS	80	Full CBSE ECONOMICS Syllabus

#### **Class 12 - History(2024-25)**

In class XII the focus will shift to a detailed study of some themes in ancient, medieval, and modern Indian history although the attempt is to soften the distinction between what is conventionally termed as ancient, medieval and modern. The object would be to study a set of these themes in some detail and depth rather than survey the entire chronological span of Indian history. In this sense the course will be built on the knowledge that the students have acquired in the earlier classes.

Each theme in class XII will also introduce the students to one type of source for the study of history. Through such a study, students would begin to see what different types of sources can reveal and what they cannot tell. They would come to know how historians analyse these sources, the problems, and difficulties of interpreting each type of source, and the way a larger picture of an event, a historical process, or a historical figure, is built by looking at different types of sources. Each theme for class XII will be organized around four sub heads:

- 1. A detailed overview of the events, issues, and processes under discussion.
- 2. A summary of the present state of research on the theme.
- 3. An account of how knowledge about the theme has been acquired.
- 4. An excerpt from a primary source related to the theme, explaining how it has been said by historians.

While the themes in both the classes (XI and XII) are arranged in a broad chronological sequence, there are overlaps between them.

This is intended to convey a sense that chronological divides and periodization do not always operate in a neat fashion. In the textbooks each theme would be located in a specific time and place. But these discussions would be situated within a wider context by.....

- Plotting the specific event within timelines.
- Discussing the event or process in relation to the developments in other places and other times.

APRIL	1 BRICKS, BEADS AND BONES The Harappan Civilisation Broad overview: Early urban centres
	Story of discovery: Harappan civilization
	Excerpt: Archaeological report on a major site
	<b>Discussion</b> : How it has been utilized by archaeologists/ historians
APRIL	2 KINGS, FARMERS AND TOWNS
	Early States and Economies (c.600 BCE -600 CE)
	<b>Broad overview</b> : Political and economic History from the Mauryan to the Gupta period
	<b>Story of discovery</b> : Inscriptions and the Decipherment of the script.
	Shifts in the Understanding of political and economic history.
	Excerpt: Ashokan inscription and Gupta period land grant
	<b>Discussion:</b> Interpretation of inscriptions by historians
	3 KINSHIP, CASTE, AND CLASS
APRIL/MAY	Early Societies (c. 600 BCE600 CE)
	<b>Broad overview</b> : Social Histories: Using the Mahabharata Issues in
	social history, including caste, class, kinship and gender
	Story of discovery: Transmission and publications of the Mahabharat
	<b>Excerpt:</b> from the Mahabharata, illustrating how it has been used by
	historians.
	<b>Discussion:</b> Other sources for reconstructing social history
MAY	4 THINKERS, BELIEFS AND BUILDINGS
	Cultural Developments (c. 600 BCE600 CE)

	Broad overview: A History of Buddhism: Sanchi Stupa a) A brief review of religious histories of Vedic religion, Jainism, Vaishnavism, Shaivism (Puranic Hinduism) b) Focus on Buddhism. Story of discovery: Sanchi stupa. Excerpt: Reproduction of sculptures from Sanchi. Discussion: Ways in which sculpture has been interpreted by historians, other sources for reconstructing the history of Buddhism.
JULY	5 THROUGH THE EYES OF TRAVELLERS Perceptions of Society (c. tenth to seventeenth centuries) Broad Overview: outlines of social and cultural life as they appear in traveller's account. Story of their writings: A discussion of where they travelled, what they wrote and for whom they wrote. Excerpts: from Al Biruni, Ibn Battuta, Francois Bernier. Discussion: What these travel accounts can tell us and how they have been interpreted by historians
JULY	6 BHAKTI –SUFI TRADITIONS Changes in Religious Beliefs and Devotional Texts (c. eighth to eighteenth centuries) Broad overview: a. Outline of religious developments during this period saints. b. Ideas and practices of the Bhakti-Sufi Story of Transmission: How Bhakti-Sufi compositions have been preserved. Excerpt: Extracts from selected Bhakti-Sufi works. Discussion: Ways in which these have been interpreted by historians.
AUGUST	7 AN IMPERIAL CAPITAL: VIJAYANAGARA (c. fourteenth to sixteenth centuries)  Broad Over View: New Architecture: Hampi a. Outline of new buildings during Vijayanagar period-temples, forts, irrigation facilities. b. Relationship between architecture and the political system Story of Discovery: Account of how Hampi was found. Excerpt: Visuals of buildings at Hampi Discussion: Ways in which historians have analyzed and interpreted these structures.
AUGUST	8 PEASANTS, ZAMINDARS AND THE STATE Agrarian Society and the Mughal Empire (c. sixteenth seventeenth centuries) Broad overview: The Aini-Akbari a. Structure of agrarian relations in the 16th and 17th centuries. b. Patterns of change over the period. Story of Discovery: Account of the compilation and translation of Ain I Akbari Excerpt: from the Ain-iAkbari. Discussion: Ways in which historians have used texts to reconstruct history

AUGUST	09 COLONIALISM AND THE COUNTRYSIDE Exploring Official
	Archives Broad overview: Colonialism and Rural Society: Evidence from Official Reports
	<ul><li>a) Life of zamindars, peasants and artisans in the late18thcentury</li><li>b). Permanent Settlement, Santhals and Paharias</li></ul>
	Story of official records: An account of why official Investigations in
	to rural societies were undertaken and the types of records and reports produced.
	Excerpts: From Fifth Report  Discussion: What the official records tell and do not tell, and how they
	have been used by historians.
SEPTEMBER	10 REBELS AND THE RAJ: 1857
	Revolt and its Representations Broad overview: a. The eventsof1857-58.
	b. Vision of Unity
	c. How these events were recorded and narrated.
	Focus: Lucknow Excerpts: Pictures of 1857. Extracts from
	contemporary accounts. <b>Discussion</b> : How the pictures of 1857 shaped British opinion of what had happened.
SEPTEMBER	11 MAHATMA GANDHI AND THE NATIONALIST MOVEMENT
	Civil Disobedience and Beyond
	<b>Broad overview</b> : a. The Nationalist Movement 1918 -48.
	b. The nature of Gandhian politics and leadership.  Focus: Mahatma Gandhi and the three movements and his last days as
	"finest hours" <b>Excerpts</b> : Reports from English and Indian language
	newspapers and other contemporary writings.
	<b>Discussion</b> : How newspapers can be a source of history.
OCTOBER	12 FRAMING THE CONSTITUTION The Regioning of a New Eve
	The Beginning of a New Era Broad overview: The Making of the Constitution an overview: a.
	Independence and then new nation state.
	b. The making of the Constitution
	<b>Focus:</b> The Constituent Assembly Debates <b>Excerpts</b> : from the debates <b>Discussion</b> : What such debates reveal and how they can be analysed.
	REVISION

## ASSESSMENT PLANNER

SUBJECT: HISTORY (027)

CLASS: XII

TEST	SYLLABUS
PERIODIC ASSESSMENT – I (20 MARKS)	<ul> <li>KINGS, FARMERS AND TOWNS</li> <li>KINSHIP, CASTE, AND CLASS</li> </ul>
MID TERM EXAM (80 MARKS)	<ul> <li>BRICKS, BEADS AND BONES</li> <li>KINGS, FARMERS AND TOWNS</li> <li>KINSHIP, CASTE AND CLASS</li> <li>THINKERS, BELIEFS AND BUILDINGS</li> <li>THROUGH THE EYES OF THE TRAVELLERS</li> <li>BHAKTI AND SUFI TRADITIONS</li> <li>AN IMPERIAL CAPITAL-VIJAYANAGARA</li> <li>PEASANTS, ZAMINDARS AND THE STATE</li> </ul>
ANNUAL EXAM & PRE-BOARD EXAM (80 MARKS)	<ul> <li>BRICKS, BEADS AND BONES</li> <li>KINGS, FARMERS AND TOWNS</li> <li>KINSHIP, CASTE AND CLASS</li> <li>THINKERS, BELIEFS AND BUILDINGS</li> <li>THROUGH THE EYES OF THE TRAVELLERS</li> <li>BHAKTI AND SUFI TRADITIONS</li> <li>AN IMPERIAL CAPITAL-VIJAYANAGARA</li> <li>PEASANTS, ZAMINDARS AND THE STATE</li> <li>COLONIALISM AND THE COUNTRYSIDE</li> <li>REBELS AND THE RAJ: REVOLT OF 1857</li> <li>GANDHI AND THE NATIONALIST MOVEMENT</li> <li>FRAMING OF THE CONSTITUTION</li> </ul>

MONTH	TOPICS
APRIL	CH-2 THE DEMOGRAPHIC STRUCTURE OF THE INDIAN
	SOCIETY
	<ul> <li>DEMOGRAPHY- MEANING AND ITS CONCEPTS</li> </ul>
	<ul> <li>POPULATION RELATED THEORIES- MALTHUS THEORY</li> </ul>
	AND THEORY OF DEMOGRAPHIC TRANSITION
	<ul> <li>COMMON CONCEPTS AND INDICATORS</li> </ul>
	<ul> <li>SIZE AND GROWTH OF INDIA'S POPULATION</li> </ul>
	<ul> <li>AGE STRUCTURE OF THE INDIAN POPULATION</li> </ul>
	<ul> <li>THE DECLINING SEX RATIO IN INDIA</li> </ul>
	<ul> <li>LITERACY AND RURAL-URBAN DIFFERENCES</li> </ul>
	POPULATION POLICY IN INDIA
	CH-3 SOCIAL INSTITUTIONS: CONTINUITY AND CHANGE
	CASTE AND THE CASTE SYSTEM
	TRIBAL COMMUNITIES
	FAMILY AND KINSHIP
MAY	CH-5 PATTERNS OF SOCIAL INEQUALITY AND EXCLUSION
	SOCIAL STRATIFICATION
	SOCIAL EXCLUSION
	CASTE AND TRIBE
	<ul> <li>UNTOUCHABILITY</li> </ul>
	<ul> <li>STATE AND NON-STATE UBTUATUVES ADDRESSUBG</li> </ul>
	CASTE AND TRIBE DISCRIMINATION
	<ul> <li>STRUGGLE FOR WOMEN'S EQUALITY AND RIGHTS</li> </ul>
	THE STRUGGLES OF THE DISABLE
JULY	CH-6 THE CHALLENGES OF CULTURAL DIVERSITY
	<ul> <li>CULTURAL COMMUNITES AND THE NATION-STATE</li> </ul>
	<ul> <li>REGIONALISM IN THE INDIAN CONTEXT</li> </ul>
	<ul> <li>THE NATION-STATE AND RELIGION-RELATED ISSUES</li> </ul>
	AND IDENTITIES
	STATE AND CIVIL SOCIETY
	CH-8 STRUCTURAL CHANGE
	<ul> <li>UNDERSTANDING COLONIALISM</li> </ul>
	URBANISATION AND INDUSTRIALISATION
AUGUST	CH-9 CULTURAL CHANGE
	• SOCIAL REFORM MOVEMENTS IN THE 19 <sup>TH</sup> AND EARLY 20 <sup>TH</sup> CENTURY
	STUDY OF SANSKRITISATION, MODERNSATION, SECULARISATION AND WESTERNISATION
	DIFFERENT KINDS OF SOCIAL CHANGE

CH-11 CHANGE AND DVELOPMENT IN RURAL SOCIETY

	DUDAT INDIAN COCIEDA
	RURAL INDIAN SOCIETY
	AGRARIAN STRUCTURE
	THE IMPACT OF LAND REFORMS
	THE GREEN REVOLUTINO AND ITS SOCIAL
	CONSEQUENCES
	<ul> <li>TRANSFORMATION IN RURAL SOCIETY AFTER</li> </ul>
	INDEPENDENCE
	CIRCULATION OF LABOUR
	GLOBALISATION, LIBERALISATION AND RURAL
	SOCIETY
SEPTEMBER	CH-12 CHANGE AND DEVELOPMENT IN INDUSTRIAL
	SOCIETY
	IMAGES OF INDUSTRIAL SOCIETY
	INDUSTRIALISATION IN INDIA
	WORKING CONDITIONS
	HOME BASED WORK
	STRIKES AND UNIONS
OCTOBER	CH-15 SOCIAL MOVEMENTS
OCTOBER	SOCIAL MOVEMENTS     SOCIAL MOVEMENT-DEFINITION, FEATURES AND
	THORIES AND TYPES
	DIFFERENCE BETWEEN SOCIAL CHANGE AND SOCIAL     MOVEMENTS.
	MOVEMENTS  EGGLOGICAL MOVEMENTS
	ECOLOGICAL MOVEMENTS  CLASS BASE NOVEMENTS
	CLASS BASED MOVEMENTS
	CASTE BASED MOVEMENTS
	THE TRIBAL MOVEMENTS
	THE WOMEN'S MOVEMENT
	REVISION
NOVEMBER	
DECEMBER	
JANUARY	
FEBRUARY	REVISION

#### **ASSESSMENT:**

**PA 1: 20 MARKS** 

CH-2 THE DEMOGRAPHIC STRUCTURE OF INDIAN SOCIETY

CH-3 SOCIAL INSTITUTIONS: CONTINUITY AND CHANGE

HALF YEARLY: FIRST TERM SYLLABUS - 80 MARKS

PA1 SYLLABUS AND

CH-5 PATTERNS OF SOCIAL INEQUALITY AND EXCLUSION

CH-6 THE CHALLENGES OF CULTURAL DIVERSITY

FINAL EXAM: FULL SYLLABUS

## <u>Class 12 - MARKETING (SUBJECT CODE-812)(2024-25)</u> CLASS XII

**COURSE OBJECTIVES**: Followings are the main objectives of this course.

- To understand the classical marketing perspectives and contrasts these with newer views from relational and service-based schools of marketing
- To understand the dynamics of various environmental factors on marketing so that students can think about a feasible marketing plan (process)
- To understand the utility of STP of marketing (i.e. segmentation, targeting, positioning)
- To have an elementary knowledge of marketing mix, consumer behavior, and other preliminary concepts and roles of marketing in society
- Familiarize the students regarding various dimensions of retail management and career opportunities available in these fields.

MONTH	CONTENT
April	UNIT 1 PRODUCT
Aprii	Meaning and importance of product in Marketing
	Components of Product
	Characteristics of Product
	Importance of Product to a firm
	Product levels
	<ul> <li>Factors influencing product mix</li> </ul>
	<ul> <li>Consumer goods: their types and features</li> </ul>
	<ul> <li>Consumer goods: their types and reatures</li> <li>Industrial goods: types and features</li> </ul>
	<ul> <li>Product Life cycle : stages</li> </ul>
	Packaging: concept, role, importance and functions     Ovalities of good packaging and their types.
	Qualities of good packaging and their types     Labelling a contents
Mov	Labelling : concept, contents  UNIT Communication Skills
May	Active Listening
	<ul><li>Parts of speech</li></ul>
	<ul><li>Writing sentences</li></ul>
	Unit : Self –Management Skills
	Motivation and positive attitude
	Result Orientation
	• Self - awareness
	Project Work discussion
July	UNIT 2 PRICE
daiy	Meaning of Price and Pricing
	<ul> <li>Importance of Pricing to a firm and a Consumer</li> </ul>
	<ul> <li>Factors affecting Price: Internal and External</li> </ul>
	<ul> <li>Types of Pricing, basis of different pricing methods</li> </ul>
	UNIT 3 PLACE & DISTRIBUTION
	Meaning & importance of place : role and definition of place
	Participants of distribution system
	<ul> <li>Functions performed by channels of distribution</li> </ul>
	<ul> <li>Direct and indirect channels and channel intermediaries</li> </ul>
	<ul> <li>Functions of intermediaries</li> </ul>
	<ul> <li>Factors affecting selection of channels of distribution</li> </ul>
	1 actors affecting selection of challiers of distribution

August	UNIT 4 PROMOTION
	Concept and importance of promotion
	Elements of promotion mix
	<ul> <li>Factors affecting selection of promotion mix</li> </ul>
	UNIT 5 EMERGING TRENDS IN MARKETING
	Meaning and importance of service marketing
	<ul> <li>Meaning and importance of online marketing</li> </ul>
	Meaning and importance of social media marketing
September	UNIT ICT SKILLS
•	• Spreadsheet – basic operations
	Data and formatting text
	Advanced features in spreadsheet
	Presentation software : opening, closing, printing and saving a presentation
	<ul> <li>Working with slides and text in a presentation</li> </ul>
	<ul> <li>Advanced features used in a presentation</li> </ul>
October	UNIT ENTREPRENEURIAL SKILLS
	Entrepreneurship and entrepreneur
	Barriers to Entrepreneurship
	Entrepreneurial attitudes
	Entrepreneurial competencies
	UNIT GREEN SKILLS
	Green jobs
	<ul> <li>Importance of green jobs</li> </ul>

## Marketing Assessment Plan Class 12

#### Periodic Test 1

- 1.Product
- 2. Communication Skills
- 3. Self Management Skills

#### Mid Term Exam

- 1. Product
- 2. Price
- 3. Place
- 4. Promotion
- 5. Emerging trends in Marketing
- 6. Communication Skills
- 7. Self Management Skills

## Annual and preboard Exam

Full syllabus as per cbse curriculum

#### **Class 12 - PHYSICAL EDUCATION (048) (2024-25)**

#### **Learning Outcomes**

Physical Education encompasses various aspects of optimum child development, focusing on physical, intellectual, emotional, social, personal, and character growth. It emphasizes the imparting and development of a positive approach towards physical education as a profession. Additionally, the material aims to develop management skills for organizing sports tournaments and understanding motor abilities such as strength, speed, endurance, coordination, and flexibility.

Furthermore, it aims to provide knowledge about the human body and its functioning, particularly in relation to physical activities. The material also highlights the importance of understanding the process of growth and its positive relationship with physical activities. It emphasizes the development of socio-psychological aspects such as emotional control, balanced behavior, leadership and followership qualities, and team spirit.

Moreover, it explores the effects of physical and physiological training on women athletes and promotes the habit of practicing daily yoga asanas and pranayama to minimize hypokinetic diseases. The material also includes learning about nutrition and the significance of a balanced diet.

In addition, it delves into the application of laws and principles of physics in sports and games. It emphasizes understanding the characteristics of children with special needs and the importance of physical activities for them. The material also covers the procedure and application of different physical and physiological tests for different age categories. Lastly, it includes learning and understanding different games and sports.

Ist Term (March - September)

#### March

#### **UNIT 1 - Management of Sporting Events**

- Functions of Sports Events Management ( Planning, Organising, Staffing, Directing & Controlling)
- Various Committees & their Responsibilities (pre; during & post)
- Fixture and it's Procedures Knock Out (Bye & Seeding) & League (Staircase & Cyclic)
- Intramural & Extramural tournaments Meaning, Objectives & Its Significance
- Community sports program (Sports Day, Health Run, Run for Fun, Run for Specific Cause & Run for Unity

#### April/May

#### **UNIT 2 - Children & Women in sports**

- Exercise guidelines of WHO for different age groups.
- Common Postural Deformities- Knock knee; Bow legs; Flat foot; Round shoulders; Lordosis, Kyphosis, and Scoliosis and their corrective measures
- Women's participation in Sports Physical, Psychological, and social benefits.
- Special consideration (Menarche & Menstrual Dysfunction)
- Female Athletes Triad (Osteoporosis, Amenorrhea, Eating Disorders)

#### July

#### **UNIT 3 - Yoga as Preventive measure for Lifestyle Disease**

- Obesity: Procedure, Benefits and Contraindications for Vajrasana, Hastasana, Trikonasana, Ardh- Matseyendrasana
- Diabetes: Procedure, Benefits & Contraindications for Bhujangasana, Pashimottasana, Pavan Muktasana, Ardh Matsyendrasana Kapalbhati
- Asthma: Procedure, Benefits & Contr. for Sukhasana, Chakrasana, Gomukhasana, Parvatasana, Bhujangasana, Pashimottasana, Matsyasana, Anulom-Vilom
- Hypertension:Procedure, Benefits & Contraindications for Tadasana, Katichakransan, Uttanpadasana, Ardha Halasana, Sarala Matyasana, Gomukhasana, UttanMandukasan-a, Vakrasana, Bhujangasana, Makarasana, Shavasana, Nadi shodhanapranayam,Sitlipranayam.

Back Pain and Arthritis:Procedure, Benefits & Contraindications of Tadasan,
 Urdhawahastootansana, Ardh-Chakrasana, Ushtrasana, Vakrasana, Sarala Maysyendrsana,
 Bhujandgasana, Gomukhasana, Bhadrasana, Makarasana, Nadi Shodhana pranayama

## UNIT 4 - Physical Education and Sports for CWSN (Children with Special Need- Divyang)

- Organizations promoting Disability Sports (Special Olympics; Paralympics; Deaflympics)
- Concept of Classification and Divisioning in Sports.
- Concept of Inclusion in sports, its need, and Implementation;
- Advantages of Physical Activities for children with special needs.
- Strategies to make physical Activities accessible for children with special need.

#### **UNIT 5 - Sports & Nutrition**

- Concept of balance diet and nutrition
- Macro and Micro Nutrients: Food sources & functions
- Nutritive and Non Nutritive Components of Diet
- Eating for Weight control A Healthy Weight, The Pitfalls of Dieting, Food Intolerance, and Food Myths
- Importance of Diet in Sports-Pre, During and Post competition Requirements

#### **August** UNIT 6 - Test & Measurement in Sports

- Fitness Test SAI Khelo India Fitness Test in School:
  - o Age group 5-8 yrs/ class 1-3: BMI, Flamingo Balance Test, Plate Tapping Test
  - Age group 9- 18 yrs/ class 4- 12: BMI, 50mt Speed test ,600mt Run/walk, Sit & Reach flexibility test,
  - o Strength Test (Abdominal Partial Curl up, Push ups for boys. Push ups (Girls))
- Measurement of Cardio Vascular Fitness –Harvard Step Test –Duration of the Exercise in Seconds x100/5.5 X Pulse count of 1-1.5 Min after Exercise.
- Computing Basal Metabolic Rate (BMR)
- Rikli & Jones- senior citizen fitness test....
  - o Chair stand test for lower body strength
  - o Arm curl test for upper body strength
  - o Chair sit & reach test for lower body flexibility
  - Back scratch test for upper body flexibility
  - o Eight foot up & go test agility
  - o Six minute walk test for aerobic endurance
  - Johnsen Methney Test of Motor Educability (Front Roll, Roll, Jumping ) Half Turn, Jumping Full Turn

### **September** Revision

First Terminal Examination

2<sup>nd</sup> Term (October – February)

#### October UNIT 7 - Physiology & Injuries in sports

- Physiological factor determining component of Physical Fitness
- Effect of exercise on muscular system
- Effect of exercise on Cardio-Respiratory System
- Physiological changes due to aging
- Sports injuries: Classification (SoftTissues Injuries Abrasion, Contusion, Laceration, Incision, Sprain & Strain; Bones& Joints Injuries - Dislocation, comminuted, Transverse Oblique & Impacted)

#### **UNIT 8-** Biomechanics & Sports

- Newton's Law of Motion & its application in sports
- Types of Levers and their application in Sports.
- Equilibrium Dynamic & Static and Centre of Gravity and its application in sports
- Friction & Sports
- Projectile in Sports

#### November UNIT 9 - Psychology & Sports

- Personality; its definition & types (jung Classification & BIG five Theory)
- Motivation, its type & techniques.
- Exercise Adherence: Reasons, Benefits & Strategies for Enhancing it
- Meaning Concept & Types of Aggression in Sports
- Psychological Attributes in Sports -Self Esteem, Mental Imagery, Self Talk, Goal Setting

#### **UNIT 10 - Training in Sports**

- Concept of Talent Identification and Talent Development in Sports
- Introduction to Sports Trainning Cycle Micro, Meso, Macro Cycle.
- Type & Method to Develop- Strength, Endurance, and Speed
- Type & Method to Develop- Flexibility and Coordinative Ability
- Circuit Training -Introduction & its importance

**December** Annual Examination

**January** Preboard Examination

**ASSESSMENT PLANNER: SESSON 2024 - 2025** 

SUBJECT: Physical Education			CLASS: X
TEST	MAX. MARKS	SYLLABUS	
PERIODIC ASSESSEMENT 1	20	1- Management of Sporting Events.2- Children & Women in sports.	
MID TERM EXAMS	70	<ol> <li>Management of Sporting Events.</li> <li>Children &amp; Women in sports.</li> <li>Yoga as Preventive measure for Life style disease.</li> <li>Physical Education &amp; Sports for C WSN.</li> <li>Sports &amp; Nutrition.</li> </ol>	
ANNUAL EXAMS	70	<ol> <li>Management of Sporting Events.</li> <li>Children &amp; Women in sports.</li> <li>Yoga as Preventive measure for Life style disease.</li> <li>Physical Education &amp; Sports for C WSN</li> <li>Sports &amp; Nutrition 6. –</li> <li>Test &amp; Measurements in sports.</li> <li>Physiology &amp; Injuries in sports</li> <li>Biomechanics &amp; Sports.</li> <li>Psychology &amp; Sports</li> <li>Training in Sports</li> </ol>	