

“Character strength are the keys to your heart, that makes your spirit rise and allows you to do things better.” Koby Bonomo

Dear parents,

Holy Child school welcomes you to this New Academic session 2021-22.

We begin this session with a positive note of thanksgiving to the Almighty God for all the blessings we have received in the past session. Of course, it had been strenuous amidst Covid-19 which too had a share of blessings in disguise that taught us many innovative ways to cope with life, lessons otherwise we would not have learned. God is the greatest Teacher, teaching through life experiences. ‘Thank you, God.’

Life is not a bed of roses: its ups & down, joys & sorrows that make the life more beautiful and more meaningful. Darkness of Good Friday follows the radiance of Easter Sunday. Thus, the present situation of pandemic is a call to remain optimistic in our outlook towards life itself. Taking count of this aspect of life the school is looking ahead to venture into having ‘**Enriching with Positive Education**’ as the theme of this session.

School alone is not competent enough to fulfil this goal; but along with you dear parents and with God everything is possible. Let’s walk and work hand in hand to bring out best in the children. Rather than competition we must collaborate. In all our endeavours we must think and act positively. We must think the good of others and we will see good happening in us.

Every parent wants the best for his/her child. He/she wants the child to be happy and to flourish: to live out his/her dreams and reach his/her innate potential. Positive education is the excellent way to achieve this end; as the fundamental goal of positive education is to promote flourishing or positive mental health within the school community. Life’s success depends on positive attitude.

“Positive Education is an approach to education that blends academic learning with character & well-being. Preparing students with life skills such as: grit, optimism, resilience, growth mindset, engagement, and mindfulness amongst others. **Positive education** is based on the science of well-being and happiness.” **Positive Education** focuses on specific skills that assist students to strengthen their relationships, build **positive** emotions, enhance personal resilience, promote mindfulness and encourage a healthy lifestyle.

To the extent optimism, trust and a hopeful sense of the future is transmitted, this will positively influence the students’ perception of the world. Hope, trust and happiness cause better well-being. Focusing on creating healthy environment in school, through positive education, will reduce mental distress and mental health problems that paves the way for positive growth in the individual as well as in the society. Students who have pleasure, engagement, good relationships, and meaning are also high achievers. Teachers play an important role in passing down their wisdom and knowledge to the students who in turn pass the acquired wisdom and knowledge to others, creating a chain of positive ripples in the society. Positive education views school as a place where students not only cultivate their intellectual minds, but also develop a broad set of character strengths, virtues, and competencies, which together support their well-being.

Looking forward to your cooperation in our endeavour to positive education.

New academic session starts for classes III to X and XII on 25th March 2021 and for Nursery to class II on 5th April 2021.

God Bless you!

Dated: 5th March 2021

Sr. Mallika